



Happy Valentine's Day!

Woodland Heights

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February 2011

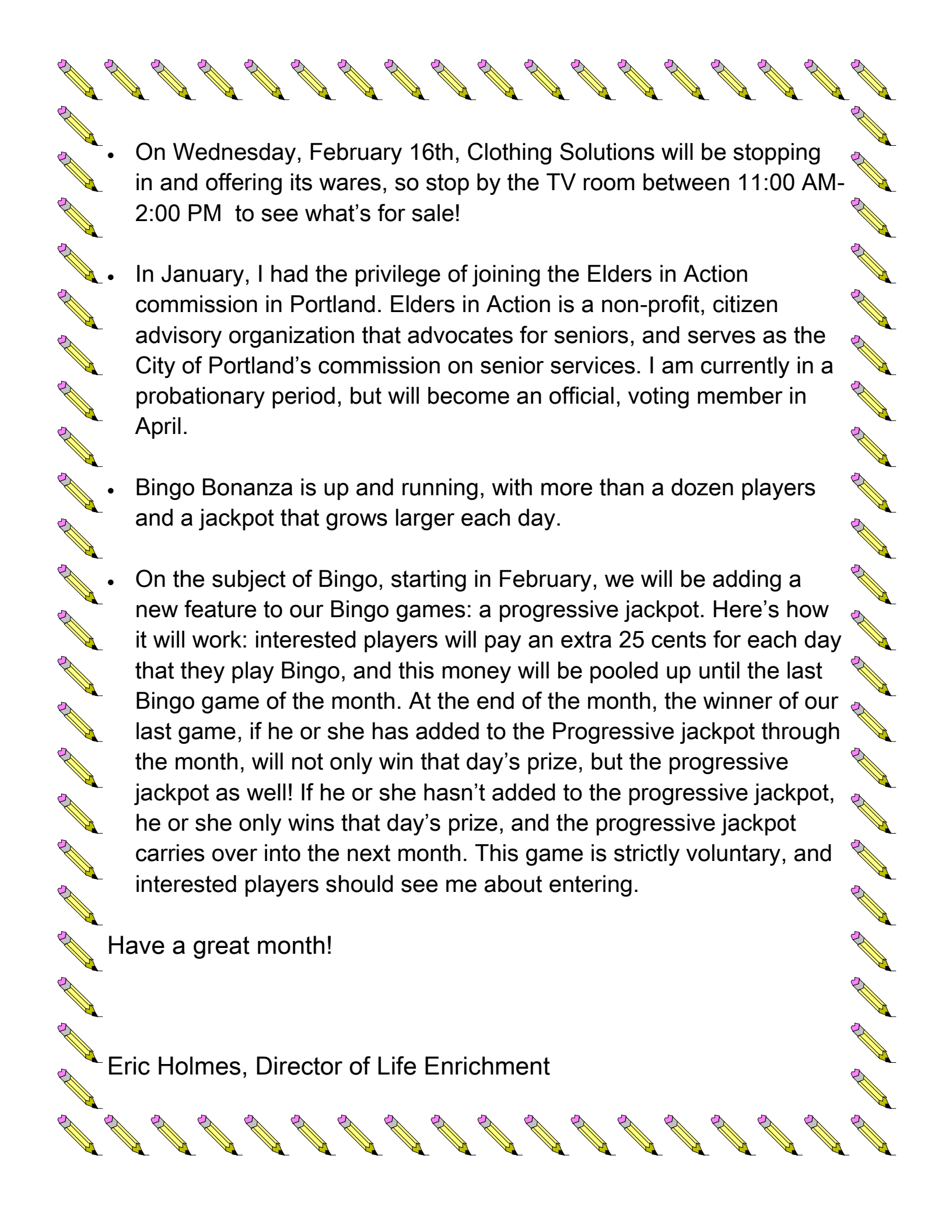


A word from Eric, your Director of Life Enrichment

Greetings,

Here is what is new and interesting in the month of February:

- On Saturday, February 5th at 10:00 AM, we will be holding a meeting regarding a new service that we are considering offering: Medical Transportation. At this point, we are merely in the exploratory stage, but if you are interested in this service, please come to the meeting. It will be held in the dining room.
- On February 6th, we will make our semi-regular trip to JC Penney at Washington Square, so if you need any items, be sure to sign up for the trip.
- Later that same day, we will be holding a Super Bowl Party in our TV room, so come and watch the big game on the big screen! Refreshments will be provided.
- Eldon, Monte, and Lyle Chaffee will be here throughout the month to entertain you with their musical stylings, so sit back and enjoy!
- Along with our regular shopping trips, we will be making the rounds at Walgreens, Discovery Shop, Rite Aid, and Bi-Mart, so get ready to shop.
- Our lunch outing this month is to Red Robin on February 24th. They make great burgers, and their wraps are worth a try too!

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- On Wednesday, February 16th, Clothing Solutions will be stopping in and offering its wares, so stop by the TV room between 11:00 AM-2:00 PM to see what's for sale!
 - In January, I had the privilege of joining the Elders in Action commission in Portland. Elders in Action is a non-profit, citizen advisory organization that advocates for seniors, and serves as the City of Portland's commission on senior services. I am currently in a probationary period, but will become an official, voting member in April.
 - Bingo Bonanza is up and running, with more than a dozen players and a jackpot that grows larger each day.
 - On the subject of Bingo, starting in February, we will be adding a new feature to our Bingo games: a progressive jackpot. Here's how it will work: interested players will pay an extra 25 cents for each day that they play Bingo, and this money will be pooled up until the last Bingo game of the month. At the end of the month, the winner of our last game, if he or she has added to the Progressive jackpot through the month, will not only win that day's prize, but the progressive jackpot as well! If he or she hasn't added to the progressive jackpot, he or she only wins that day's prize, and the progressive jackpot carries over into the next month. This game is strictly voluntary, and interested players should see me about entering.

Have a great month!

Eric Holmes, Director of Life Enrichment

Happy Birthday!

John Stewart—February 8th

Evelyn Pinheiro—February 12

Maryann Austin—February 16

Charlotte Parks—February 21



Did you know...

In the 4th century, BC, Philip of Macedon, the father of Alexander the Great, set his sights on conquering Laconia, which was a part of what is now modern Greece. With much arrogance, he sent the Laconian's a message, telling them, "If I enter Laconia, I will knock it to the ground."



Philip sat back and rested on his laurels, awaiting a complete surrender. Instead, he received a written response from the Laconian's that contained but a single word....

If...

Be sure to enter Woodland Heights'

You Design Dinner Contest!

For our Valentine's Day dinner on February 14th, we are holding a You Design Dinner Contest where you, Woodland Heights' residents, design our dinner for that evening.

To enter, simply detach the sheet below and turn it in to the front desk by Monday, February 7th. Based upon originality, creativity, and appeal, one lucky resident will see his or her culinary creation come to life for everyone to enjoy!

Name _____

Entrée _____

Side dishes (choose two) _____

Dessert _____

Management Staff

Administrator
Leah Fox Lewis

Business Office Manager
Nancy (Chipper) Milliman

Director of Life Enrichment
Eric Holmes

Kitchen Manager
Jim Johnson

Maintenance
Ron Crow
Leon Wolf

Housekeeping and Laundry Supervisor
Rigmor Cooper

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